

Nitin Gogtay, MD

Nitin Gogtay, MD, is a psychiatrist and neuroscientist whose work has shaped contemporary understanding of brain development and severe mental illness. Trained in pathology and neuropathology at BJ Medical College in India, he pursued neuroscience research at the Karolinska Institute, the University of Sydney, and the National Institute of Neurological Disorders and Stroke before completing psychiatry residency at Cornell.

At the National Institute of Mental Health (NIMH), Dr. Gogtay led landmark longitudinal neuroimaging studies of typical brain maturation and childhood-onset schizophrenia. His work helped establish a neurodevelopmental framework for psychotic disorders, identifying deviations in cortical maturation that inform our understanding of early-onset illness and long-term outcomes. He also contributed to treatment guidelines for youth with psychosis and served as an ad hoc FDA advisor on pediatric therapeutics.

He later founded and directed the NIMH Office of Clinical Research, overseeing the Institute's clinical trials portfolio and strengthening integration across translational and clinical research.

Dr. Gogtay currently serves as Vice President of Research and Deputy Medical Director at the American Psychiatric Association. He oversees DSM development and leads the PsychPRO registry, a national mental health registry designed to generate high-quality longitudinal clinical data to advance quality improvement and real-world evidence. His current work focuses on strengthening the scientific foundations of psychiatric diagnosis by integrating developmental neuroscience, functional outcomes, and population-level data, efforts that contribute to national and international discussions on the future architecture of psychiatric classification and mental health policy.