

## **Catherine Harmer – Bio sketch**

Catherine Harmer is Professor of Cognitive Neuroscience in the Department of Psychiatry at the University of Oxford. Her research focuses on understanding the cognitive mechanisms through which antidepressant treatments exert their effects, bringing together approaches from pharmacology, experimental psychology and neuroscience. In particular, her work has examined how antidepressants influence emotional processing, offering new insights into how these treatments may begin to work before changes in mood are subjectively experienced.

She is currently President of the British Association for Psychopharmacology and a Fellow of the Academy of Medical Sciences. Her research has contributed to a shift in how antidepressant action is conceptualised, with the aim of guiding the development of more effective and targeted treatments for depression and related disorders. Her work is supported by major funders including the Wellcome Trust and the National Institute for Health Research (UK).